

Fresh Ideas Feeding Minds

# Spring / Summer

## Menu 2024

Welcome to our New Spring/Summer menu.

Allergen information is available at

[www.swnorse.co.uk](http://www.swnorse.co.uk)

Special diet registration forms are

[catering@swnorse.co.uk](mailto:catering@swnorse.co.uk)

“Putting Children at the  
Heart of What We Do”

Throughout the year we offer a number  
of themed menus to support the  
curriculum, celebrate holidays and  
seasonal events - please check with your  
school for local arrangements.

Fresh Bread, Salad, Fruit,  
Yoghurts and Water are  
all available daily.

Please note the menu may be subject to change to meet local needs. For details of employment opportunities within South West Norse please email [info@swnorse.co.uk](mailto:info@swnorse.co.uk) or phone us 01392 351160.

**SUGAR  
SMART**  
Devon

# Week One

|   | Monday   | Tuesday                                      | Wednesday                                     | Thursday                                | Friday   |
|---|--|--|---|---|--|
| Option 1                                  | Homemade Margarita Pizza   | Norse Beef Burger in a Bap                   | Roast Chicken with Stuffing                   | Salmon & Broccoli Pasta in Tomato Sauce | Fish Fingers                                       |
| Option 2 (v)                              | Vegetable Pasta Bake   | Quorn Burger in a Bap                        | Veggie Roast Wellington                       | Freshly Prepared Mac & Cheese           | Vegetable Fingers                                  |
| Sides                                     | Sweetcorn & Pasta  | Baked Beans<br>Salad Sticks<br>Potato Wedges | Seasonal Vegetables<br>Roast Potatoes & Gravy | Green Beans<br>Sliced Carrots           | Baked Beans or<br>Crunchy Vegetable Sticks & Chips |
| And for pudding                           | Strawberry Mousse  | Chocolate Surprise Brownie                   | Organic Pip Ice Lolly                         | Flapjack with Apple Wedges              | Chocolate Shortbread                               |
| Sandwich lunch*<br>Years 3, 4, 5 & 6 only | Egg Mayo Sandwich  | Cheese & Salad Wrap                          | Tuna Mayo Sandwich                            | Ham & Salad Sandwich                    | Cheese Mayo & Cucumber Baguette                    |
| Available each day                        | Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives<br>*Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit |  |   |   |  |
| Week starting:                            | 15/04/24 - 07/05/24 - 03/06/24 - 24/06/24 - 15/07/24 - 09/09/24 - 30/09/24 - 21/10/24  |  |   |   |  |

# Week Two

|   | Monday   | Tuesday   | Wednesday                                     | Thursday                                      | Friday   |
|---|--|---|---|---|--|
| Option 1                                  | Homemade Margarita Pizza   | Sausage Roll  | Roast Gammon                                  | Chicken & Vegetable Meatballs in Tomato Sauce | Fish Fingers                                       |
| Option 2 (v)                              | Quorn & Vegetable Fajita   | Vegan Sausage Roll                                      | Cheese, Potato & Leek Parcel                  | Veggie Balls in Tomato Sauce                  | Cheese Omelette                                    |
| Sides                                     | Sweetcorn & Pasta  | Baked Beans or<br>Crunchy Salad Sticks & Diced Potatoes | Seasonal Vegetables<br>Roast Potatoes & Gravy | Pasta & Country Mixed Veg                     | Baked Beans or<br>Crunchy Vegetable Sticks & Chips |
| And for pudding                           | Chocolate Arctic Roll  | Sticky Toffee Cake                                      | Organic Pip Ice Lolly                         | Mandarin Orange Jelly                         | Oat & Sultana Cookie                               |
| Sandwich lunch*<br>Years 3, 4, 5 & 6 only | Egg Mayo Sandwich  | Cheese & Salad Wrap                                     | Tuna Mayo Sandwich                            | Cheese & Tomato Sandwich                      | Ham Mayo & Cucumber Baguette                       |
| Available each day                        | Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives<br>*Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit |   |   |   |  |
| Week starting:                            | 22/04/24 - 13/05/24 - 10/06/24 - 01/07/24 - 22/07/24 - 16/09/24 - 07/10/24   |   |   |   |  |

# Week Three

|   | Monday   | Tuesday                              | Wednesday                                     | Thursday                             | Friday   |
|---|--|--------------------------------------|---|--------------------------------------|--|
| Option 1                                  | Homemade Margarita Pizza   | Sticky Soy & Honey Chicken           | Butchers Sausages & Yorkshire Pudding         | Beef Bolognese                       | Fish Fingers                                       |
| Option 2 (v)                              | Roasted Vegetable Pasta Bake   | Homemade Cheese Wheels               | Quorn Sausage & Yorkshire Pudding             | Quorn Bolognese                      | Quorn Dippers                                      |
| Sides                                     | Sweetcorn & Pasta  | Baked Beans<br>Peas & Diced Potatoes | Seasonal Vegetables<br>Roast Potatoes & Gravy | Green Beans<br>Sweetcorn & Spaghetti | Baked Beans or<br>Crunchy Vegetable Sticks & Chips |
| And for pudding                           | Orange & Mango Iced Smoothie   | Rice Krispie Cake                    | Organic Pip Ice Lolly                         | Oaty Apple Crunch                    | Homemade Jammy Dodger                              |
| Sandwich lunch*<br>Years 3, 4, 5 & 6 only | Egg Mayo Sandwich  | Cheese & salad Wrap                  | Tuna Mayo Sandwich                            | Cheese & Tomato Sandwich             | Ham Mayo & Cucumber Baguette                       |
| Available each day                        | Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives<br>*Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit |                                      |   |                                      |  |
| Week starting:                            | 29/04/24 - 20/05/24 - 17/06/24 - 08/07/24 - 02/09/24 - 23/09/24 - 14/10/24   |                                      |   |                                      |  |